



Sports Day

Nicola Evans

The glorious sunshine ensured perfect conditions for sporting excellence on the athletics track and field this year. A full programme involved girls from Year 7, 8, 9 and 10 and this year, for the first time, we were joined in the events by a team from Year 12. Everyone was competing for their House which lent an added competitive edge.

It is lovely to list the winners (details on pages 10 to 11) and to congratulate outstanding physical performance in the same way that we celebrate academic excellence. However, it's not always about the winning, sometimes it's about the camaraderie, the teamwork, and the willingness to put yourself forward for something you don't feel comfortable with.

Among those stepping up and giving it a go were Dhruti Vijay (Year 7) and Priscilla Yu (Year 10) who ran the 100 metres at short notice and Ava Johnston (Year 8) who stepped into the fray when a class member fell ill and, despite the 1500 metres being a huge

mental and physical challenge, did not give up and finished the job.

The cheering from the sidelines was immense, with girls supporting each other and every performance valued for the amount of effort put in, as well as the House points gained or the times achieved. Events were manned by cheerful volunteers, who garnered House points for their helpfulness and willingness to muck in. A special mention here goes to Ambre Bexter who cheerily dashed back and forth all day between the start and finish lines with up to date race lists.

And finally a Year 7, 8, 9 and 10 team of Issey Blackwell, Rosie Glenn, Georgia Colfer and Georgia Glenn and a sixth form team of Jess Brisley, Ella Wilson, Lauren Oliver and Lara Dodd took on two staff teams: Miss Lowen, Ms Evans, Mr Cheney and Mr Smith and Ms Nelson, Ms Ells, Mr Adams and Mr Petty.

We were beaten by a country mile...

New Designers

Andrew Kerrison



New Designers is the UK's most important exhibition for emerging design, full of innovation and fresh thinking with visitors having the opportunity to see the work of over 3,000 of the most talented, newly graduated designers from the UK's leading universities. 17 students from Year 9 and Year 10, all of whom are intending to take, or are currently taking, GCSE Design Technology, accompanied by Ms Asassa and Mr Kerrison, arrived at the Business Design

Centre in Islington delighted to find the halls full of people and buzzing with excitement.

The exhibition is organised by category of design. Stands are taken by universities and colleges running specific design courses. On the stands students and tutors are there with their work, and more than willing to talk about their experiences and their projects! There's even a 'One Year On' section where you can meet students one year

after they have graduated and ask them what they have been doing since.

We were also lucky enough to have tickets to hear a talk by Charlie Fowler, John Lewis' Furniture Designer, on *Designing for the Real World*. He spoke about his role and shared what goes into developing furniture from sketch to store. He was joined by Oliver Hrubciak, the 2012 New Designers John Lewis Award winner, who discussed his experience of taking his winning design from university project to John Lewis' Design Collective in less than a year.

This was an exciting and inspiring day providing an introduction to courses and careers in design and a real insight into the processes involved in getting your idea from concept to market.

Linguistics Olympiad

Antonia Sevilla

In February, all Year 12 linguists took part in the National Linguistics Olympiad. This competition requires students to solve tricky linguistic problems involving vocabulary and syntax. Students have to translate sentences from languages such as "Tangkhu" (a Tibeto-Burman language) by analysing the patterns in a small amount of linguistic data, and working out how the underlying system works.

Shion Reynell won a Silver award with Jas Wilks, Olivia Will, Trishnaah Selvajohty, Phoebe Lerego, Emelia Jack, Yasmin Alumyar, Anna Kerr and Jessica Brisley winning Bronze.

Fingers on Buzzers

Tracey Hobbs



The competition began back in February with 22 teams from GDST schools around the country competing to be 'top of the form.' As we reported in an earlier newsletter, the NHEHS team was victorious in the first round when they knocked out Streatham and Clapham High School. This win took us through to the final rounds which took place at Bromley High School on 2nd July 2014.

On the day there were eight teams competing for ultimate glory. The questions were a mixture of subject specific questions from maths, English, physics and history as well as general knowledge.

Our team of Trishnaah Selvajothy (Year 12), Maya Biswas-Whittaker (Year 10), Elizabeth Down (Year 8) and Flossie Morris (Year 7) were definitely the youngest, with other schools having no

representatives below Year 9 on their teams and several fielding girls from Year 13!

Nevertheless, in our first round match against Croydon High School we were victorious 33 – 36, with Trishnaah keeping a cool head and correctly answering all three tie-breaker questions!

In the semi-finals we were narrowly defeated by South Hampstead High School 33 – 37. South Hampstead went on to play Oxford High in a close final which saw Oxford pull ahead in the "fingers on the buzzers round" to win 41-34.

The NHEHS team came third overall and will be spending their prizes of book tokens wisely - in preparation for next year's competition!



Sixth former prepares to hang work for Summer Art Exhibition



This year 80 girls are working towards their Duke of Edinburgh bronze award and 35 for their silver



Most staff were involved in Sports Day including the team here tallying results and writing winners' certificates



Thorpe Park Trip

Following this term's great endeavours, the whole of Year 11 was invited to celebrate the end of their GCSE exams in a strictly non-educational context and setting by joining their tutors on a trip to Thorpe Park.

Sadly, not an "action photo", but it really was a super day!

Richard Petty



Kew Gardens

The Year 10 Geographers visited Kew Gardens in July for an enjoyable and really informative visit connected with their GCSE units 'Extreme Climates' and 'Battle for the Biosphere'. We visited the Palm House, the Princess of Wales Conservatory, where we particularly enjoyed the seven biomes, and the canopy walk-way where this photo was taken.

Sally Cohen

Science Winners

Jennifer Bushell



Our apologies to Anika Nuni, Emilia Rayner and Lucy Psaila who were left off the list of prize winners in our report on Science Week in the last Newsletter

Anika (pictured above left) won the prize for best for research and Emilia and Lucy (pictured above right) won the prize for best experiment. Very well done!

O Samba!

Vanessa Teh



We filed into the Recital Hall more than ready to begin as our instructor greeted us with a beaming smile and a huge number of extraordinary, obscure Brazilian instruments.

We quickly grasped the technique as our instructor was extremely patient during the process. Towards the end we played a piece which involved a variety of instruments each having a

different role. The Recital Hall was filled with confident, loud rhythmic beats that created a beautiful piece

We thoroughly enjoyed the Samba workshop, though we were exhausted afterwards and ready for the weekend! Big thanks to Ollie, our brilliant instructor and to Mr Jeanes and Miss Hardy!

Sixth Form Induction

Rebecca Irwin



In the last week of term, Year 11 returned from GCSE Study Leave for a really important and productive induction programme to prepare them for sixth form life.

We began with a session at *4th Dimension Adventure Activity Centre* which was designed to promote leadership, team building and willingness to take risks. It proved a great experience for everyone.

Our own students moving up from Year 11 worked alongside new girls due to join the NHEHS sixth form in September. Everyone was in their new Tutor Groups as they climbed wooden poles, braved the tree tops, completed the jacob's ladder and got to know each other and their new tutors in the sun dappled pockets of East Grinstead.

The following day back at the

Sixth Form Centre there was a rigorous induction to A Level subjects and girls also learnt more about the wide range of amazing things we offer in the NHEHS Sixth Form. The Head Girl Team were also on hand to provide information about responsibilities and leadership opportunities and how to make the most of opportunities such as the "Big Sister" scheme, running clubs for younger girls or helping to run your House.

GDST Modern Language Prize Winner

Kathleen Webb

Congratulations to Erin Holder who has been awarded this year's Anne Hogg Modern Foreign Languages Prize.

The prize is awarded to recognise the work of pupils in Year 10 at GDST schools, who are taking two or more modern foreign languages. It was established with the generous support of Dr Anne Hogg, a former Chairman of the Council of the GDST and a linguist with a keen interest in Hispanic languages.

Erin won the prize for her studies in Spanish and German.

Minimus Scoops Double Award

Felicity Marsden



The results of the nationwide Minimus Mythology Competition were recently announced and the Classics Department is proud to reveal that both of its entries

have been recognised as winners. The third year running we've scooped this prize!

This year the Minimus project has run with Latin classes at both the NHEHS Junior School and at North Ealing Primary, led by our Sixth Form Classics students.

Both groups have been working towards their own short films based on the story of Odysseus and the Cyclops. Our sixthformers not only wrote and edited their own scripts (in Latin!), but also rehearsed the different groups of primary school children, organised sets and costumes and even edited the final versions in film format.

The judges said that they were particularly impressed with the 'enjoyment and enthusiasm shown by the pupils in their productions' and were delighted that so many pupils were 'confident in speaking the Latin language'. Both groups were awarded the 'Group DVD Prize' and should be delighted with their achievements.

The NHEHS Junior School teaching group was steered by Olivia Will. Mary Sheard was lead teacher for North Ealing Primary group. Many congratulations to both teaching teams and thank you to Mr Smith for overseeing the entries to the competition.

Summer Art Exhibition

Sophie Plowden



The Art Department held its annual summer exhibition of GCSE, AS and A Level work on the evening of 24 June.

Families, colleagues, friends and students joined us in the Atrium and art studios to celebrate the extraordinary artistic talent that abounds here.

The work on display was varied, imaginative and of an

exceptionally high standard and visitors were able to see both examination pieces and the sketchbooks which provide a fascinating insight into each girls' creative journey.

Congratulations must go to all our students, who embraced our ethos and took creative risks to such spectacular effect, and also to all the staff in the Art Department who nurtured their journey.

Year 7 Geographers at Mellow Farm

Sai Prasad



Year 7 spent the day at Mellow Farm near Farnham. As well as an opportunity to look around a modern farm and consider topics such as land use and conservation, they were able to see some of the river formations they have studied in class, make some sketches and measure the slope of a field with clinometers they had made themselves.

After about an hour of being in somewhat cramped quarters listening to a cacophony of girls squealing, and singing songs from “Frozen” we were finally released from the claustrophobic coach into the wild. As soon as we left the coach I immediately noticed two things: first was the smell or the lack thereof. Unlike most farms it did not have the familiar smell of pig manure. And second was the absence of mud commonly associated with farms.

As we intrepid adventurers found our bearings in the great outdoors we were split into 3 groups N, H and E (we were

very original with our names). N went to see the livestock, H went to measure the hillside with handmade clinometers and E, well, they went for a walk. Each group rotated in turn for the rest of the day until our teachers blessed our aching legs with the words ‘It’s time to go, the coach is here.’

We learnt much on that trip: like what a real ox bow lake looks like, how hard life on a farm is, why conservation is so vital and most importantly not to wear wellingtons whilst hiking!



House Music Festival

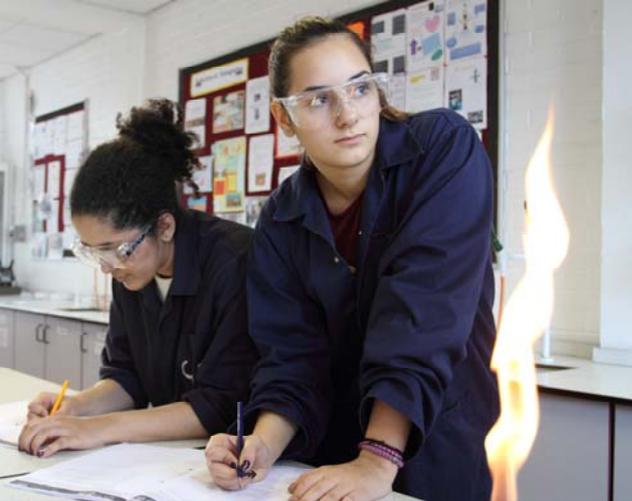
On Wednesday 9th July 2014 the House Music Festival showcased a varied array of musical talent and an eclectic repertoire which included pieces by London Grammar, Disney and Beethoven.

Among many notable performances were Beth Wigney (Year 10) who sang a Johnny Cash song accompanying herself on guitar, Bethan Davies (Year 7) whose fluent and expressive playing impressed the judges and Josephine Flade (Year 7) and Francesca Sowerbutts (Year 7) who showed great skill in their a cappella rendition of *When Will my Life Begin*.

All participants performed confidently and with passion. They were supported by an enthusiastic audience who generously encouraged every performer, despite the competitive edge of this being a House competition, and created a friendly, relaxed and supportive atmosphere.

Congratulations to Eliot who emerged as the eventual winners and thank you to Mr Jeanes for providing superb accompaniment throughout. Finally, our special thanks go to Dr Hugh Mather (pianist and former NHEHS parent) for being our guest judge on the day.

Harriett Hardy



Chemistry Challenge

As soon as Year 12 returned to school after their AS Level exams, we invited them to take another exam paper.

The Cambridge C3L6 Challenge Competition aims to stretch and challenge students interested in chemistry, and is an excellent experience for anyone considering taking their studies further. Set by an experienced team of teachers and university chemists, it is designed to be accessible to Year 12 students but to take them significantly beyond the syllabus and encourage them to think about science in the way they would at university.

Congratulations to Connie Elworthy who won Gold. Silver awards went to Leila Sharafi and Trishnaah Selvajothy while Joanna Vale and Shion Reynell won Copper awards

The award is called 'Copper' rather than 'Bronze' because copper is an element like silver and gold. Bronze is an alloy.

Philip Sheldon

Junior Maths Challenge

Helen Critcher



In May, all of Year 8, and some girls from Year 7, took part in the national Junior Maths Challenge.

They did extremely well, achieving a grand total of 59 certificates: 15 gold, 21 silver and 23 bronze. The Year 8 winners are pictured above and the Year 7 girls below.



A special mention goes to Miranda Simmons (Gold and Best in Year 7) and to Maya Yates for winning 3 certificates (Gold, Best in Year 8 and Best in School).

Maya's performance made her one of the top 1,200 candidates out of the 250,000 who took the Junior Maths Challenge this year qualifying her for the Junior Maths Olympiad.

The other gold certificate winners were:

Sharuka Ravichandran
Isha Lamba
Elena Tybulewicz
Lucy Whittock
Jasvir Bains
Irina Ono,
Becky Everett
Madeleine White
Deluxshana Premakumar
Rinda Naresh
Iva Grujic,
Sophie Sallustio
Mithra Kumaran

Well done to everyone for taking part with such enthusiasm.

The Year 14 writes

Katie Byford



In September 2013 Katie Byford joined us to work in the Music Department. After 8 years as a NHEHS student this was quite a step, and she describes her year here. We've loved having Katie on the staff. She's off to Durham this September to read Classics and we wish her every success!

When I tell people that I've spent my Gap Year working at my old secondary school, the reaction is usually one of confusion. Who on earth, having gone through the pain and stress of A2 exams, would want to go back to school? In the days leading up to the beginning of term, I was asking myself the same question. It has been likened to 'turning to the dark side' (half seriously) and lingering in the forefront of my mind as I approached the gates was the horrifying prospect of having to address my former teachers by their first names.

There was a moment, however, walking through the school's new building into the older West Wing, when I thought – I've missed this. It was actually quite nice to return to the place that had been so supportive in my own learning career. Seeing familiar faces, too, and knowing my way around a building that can be tricky to navigate, was a comfort, and certainly not guaranteed in your first serious job.

The Autumn term was, I must say, a challenge – which is teacher-speak for 'a bit of a nightmare'. Firstly, I was hugely disappointed by the lack of meaty staffroom gossip, and the rest of my year group from school were similarly put out. I had never quite appreciated how uncomfortably hot the music department is, which meant dressing for July beneath huge winter coats. Matters such as a colleague concussed by a recycling bin, the looming school inspection, and a seemingly mountainous volume of tasks to prepare the department for the year also definitely kept me on my toes. There was, too, an initially very confusing period of limbo, of not being a student any more (a so-called 'Year 14' according to the A Level music students) and not yet feeling comfortable as a member of staff when stood alongside qualified and experienced colleagues.

Having said all that, it's hard to express how much I learnt. Before the year started I never thought I would be able to take charge of a class, or become proficient with the school's music technology, or indeed carry out any administrative task without

making huge errors. And though elements of the job are technically office work, there was never a dull day. The Year 7s and 8s in whose classes I assisted were an absolute delight to teach and I will miss those lessons very much. The one-off projects that I took charge of, such as arranging *Danse Macabre* for two Year 7 classes according to their instruments and abilities, made the experience absolutely invaluable and taught me the value of self-belief when faced with daunting tasks.

The department itself was lovely to work in, with all its idiosyncrasies (the mysterious inner workings of the department photocopier, for example...) and of course the wonderful company of the music staff and the peripatetic teachers, many of whom I now consider good friends. It is entirely due to my colleagues' patience and support (as well as their light-hearted derision) that I have managed to accomplish any of this, and I can't even begin to thank them enough.

There's much more I could put here, but suffice it to say that after this year I feel that I have, in some small way, given back to my school for all that it has done for me during my eight years here.

Sports Day - Track and Field

Nicola Evans



In the long jump pit we saw a Year 8, 10 and 12 pupil each jumping over 4 metres, with Charlotte Killick (Year 8) recording the longest jump of the day at 4.20 metres. Her sister Georgia Killick (Year 10) recorded the highest jump of the day, clearing 1.28 metres on her first attempt with Jessica Harbert close on her heels on the second attempt. Ella Wilson won the sixth form high jump event and in the Years 9 and 10 triple jump Mathilde Roca and Naina Mahal secured wins in the sand pit.

The throwing was keenly contested. In the shot putt circle Amrita Arneja (Year 7) pushed a huge 6 metre throw, impressively improved on by Georgie Howes (Year 8) at 7 metres. For the Year 9 and 10 competition the shot increases in weight and the task becomes even tougher. Kishayini Sivakumar (Year 9) threw 6 metres exactly, Hanna Pietrzycki (Year 10) threw 6.43metres and Lauren Oliver (Year 12) managed a whopping 7.48 metres.



Over on the discus Issey Blackwell (Year 7) continued a winning streak with a 15 metre throw, Jasmin Hall (Year 8) besting that with 16.60 metres. Ashani Benning (Year 9) and Elena Colato (Year 10) won the discus in their age group competition. Finally, in the javelin, Katherine Wong dominated the Year 7 event with a 19.25 metre throw, while Aarti Sharma won the Year 8 competition, in a repeat of her Year 7 victory in the same event last year, and Lily Stott and Bella Wong won the Year 9 and Year 10 competitions.



Sports Day - Track and Field

Nicola Evans



Rosie Cox (Year 7) demonstrated speed over the shorter as well as the longer distances winning the 200 metres in 32.34secs and Lara Rowe (Year 8) demonstrated her true speed over 200 metres with a 29.04sec finish. Georgia Colfer once again demonstrated her strength and speed winning the Year 9 race in 29.09sec with Georgia Killick finishing the Year 10 race in 31.01sec.

The middle distance race saw a clear winner in both the Year 7 and Year 8 races with Grace Fee (Year 7) coming in 10 seconds before her counterparts in 3min 09secs, Cameron Thomas (Year 8), was 16 seconds ahead of the pack with a time of 2min 47sec. Megan Burns (Year 9) also came in under the three minute mark with a performance of 2min 54sec, while Georgia Killick (Year 10)- winning once again- came in just shy of 3 minutes at 2 min 58sec.

Finally the 300metres, the in-between-race, not a sprint and not long distance, Kira Nygren (Year 7) came in under one minute in 55.84sec and Cameron Thomas (Year 8) came in under 50 seconds with a win in 48.68sec. Medea Nikolov won the Year 9 race with a formidable 58.31sec and Hannah Lefroy won the Year 10 race with an impressive 54.73sec.

Alex Michelmore (Year 7), Sophie Sallustio (Year 8), Daisy Hill-Norton (Year 9)and Ellie Benson (Year 10) proved to be the quickest over the hurdles. Over the longest distance of 1500 metres Rosie Cox (Year 7) Charlotte Killick (Year 8) Megan Burns (Year 9) and Jessica Harbert (Year 10) dominated the field. Issey Blackwell (Year 7) picked up another first place in the 100 metres, while in the Year 8 race Rosie Glenn pipped Lara Rowe to first place with an extremely impressive 13.28sec. Georgia Colfer (Year 9) posted an impressive 13.6sec, while Georgia Glenn (Year 10) was a comfortable winner in 14.4sec.



Parents Guild - Junior School Fun Day

Trisha Bradnam



The Parents' Guild biggest fundraiser of the Summer term is, without doubt, the Junior School Fun Day. This year we were blessed with great weather and girls and their families crammed in as much fun as possible!

As usual, a huge variety of activities was on offer from cake decorating to sand art and jewellery making while delightful melodies could be heard wafting from the Music Room and girls performed with gusto at the Dance Gallery workshops.

Displaying an orderly queue, almost rivalling Madame Tussauds, the inflatable slide was as popular as ever with this year's addition of a big bouncy castle proving an instant hit. Colourful hair sprays, exotic face painting, makeovers and temporary tattoos were the

accessories of choice for many girls and getting 'snapped' in the Photo Booth was the ultimate way of showing them off.

With so much to see and do, hearty appetites were rewarded with a selection of tasty international treats to fuel yet more fun and the lovely sunny day would not have been complete without the summer staple of strawberries and cream. A special mention to Mrs Ferguson and the School Council for creating the Marshmallow Challenge which satisfied the sweetest tooth and used up a remarkable 5kgs of marshmallows!

After a sensational day, families could be seen returning home with wonderful 'live' creations from the Gardening Club and laden with recycled books and toys. The event also provided a warm welcome to our special

guests for the afternoon, the new girls and families who will be joining the school in Reception and Year 3 this coming September.

The whole day was a joint enterprise and a big heartfelt thank you goes to all the Mums, Dads and Carers who turned out to run the stalls and produce wonderful homemade cakes, delicious dishes, excellent prizes and gifts.

This year's Fun Day raised a grand total of £7,000. Thank you to everyone one for contributing to this success and in particular to Tracey Newman and Ena Jawa, the lynch pins that made it all come together. You were amazing!



Thank you to all our supporters including: Jill Wellman (Dance Gallery), Georgiana Teers and Carla for the makeovers, Caroline Pearson (Gardening Club), Verun Bali (Science Club) and Clare McKnight (Fimo Clay)

Young Debators

Kitty Scales

Early in June, as part of the GDST-HSBC partnership to encourage links between GDST schools and local schools, we welcomed 30 Year 5 students from Montpelier Primary School and Green Dragon Primary to take part in a debating event.

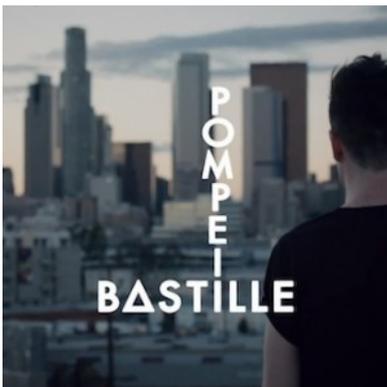
Ten of our own Year 7 girls acted as hosts and the event was run by Debate Chamber a specialist company whose trainers are expert in running sessions which provoke thought and debate and encourage pupils to think critically and express their opinions.

Our visitors debated a range of ethical questions which stimulated great discussions about democracy and equality as, for example, when they worked out how they would run an island if they were to wash up from a shipwreck on one and taking into account questions such as: Was there anything they had to do? Was there anything they couldn't do?

We ended the afternoon with a delicious tea in the garden!

Pompeii in Latin

Alex Smith



Georgia Lyons from Year 11 has been combining her passion for Classics with her love of the music of indie-band Bastille to create some quite amazing music.

Follow the link to listen:

http://www.youtube.com/watch?v=UxrWepS_nml

Georgia created a version of Bastille's song Pompeii which she translated into Latin and then recorded in the Easter holidays with help on vocals from Sara Farooq and Deepa Lalwani.

They have created an a cappella version which is now available on YouTube.

This is an impressive feat both linguistically and musically. Well done to all concerned!



My LAMDA Experience

"I really liked how we get to try all the different scripts before choosing what we are going to do for the exam. In the future I would like to do more comedy where we can use more props and vary our movements."

Charlotte Grimwade (Year 7)



"I loved playing a really horrible character! I don't like comedies, I love playing serious parts!"

Shivani Dave (Year 7)



"I'm learning theatre skills and challenging myself in a fun and creative way."

Natasha Ketel (Year 8)



Busking for a World Record

On Wednesday, 11th June NHEHS took part in Musequality's attempt to break a Guinness World Record for the 'Largest Busk Across Multiple Venues'.

30 girls signed up for the challenge and gathered in the Recital Hall under the leadership of Miss Hardy. At exactly 6.00pm (UK time) they joined musical groups and choirs from Buenos Aires to Cape Town and from London to Boston to busk non-stop for 7 minutes.

In true busking style we fielded an eclectic assortment of instrumentalists (ranging from a handful of violinists and flautists to one bassoonist and three percussion players) but the overall result sounded fantastic.

Musequality supports communal music-making for disadvantaged children in developing countries, giving them the skills, confidence and experience they need to turn their lives around. There's a virtual bucket where you can see those taking part (including our NHEHS buskers) at <https://vimeo.com/98434987>

We now just have to wait to hear from Guinness to see if the record attempt was a success.

Harriett Hardy

Ypres Joe Pepper



They visited cemeteries at Tyne Cot, Langemark (one of the few German cemeteries in the area), and Essex Farm, the site of the memorial to Lieutenant Colonel John McCrae author of the poem *In Flanders Fields*.

They learned about the war in this part of the front from expert local guides and were particularly moved to see that some of the graves belonged to soldiers who were as young as fifteen.

The whole of Year 9 travelled to the World War I battlefields of the Ypres Salient in Belgium in June, and in this the 100th anniversary year of the outbreak of the "war to end all wars" experienced a thought-provoking and moving day.



Middlesex Netball

Diane Dunkley



Congratulations to Alice Wells (Year 8) and Jasmin Hall (Year 8) who have been selected for the Middlesex Satellite Netball Academy. Satellite Academies are centres where players receive enhanced coaching, skills development

and sport science information. They are the first step on the England Netball Talent Pathway which is designed to spot talented players and develop them to county and national standard.

The Real Game

Tamara Al-Saraf



Year 8 had all been warned before-hand of course, informed being a better word choice, that we would be taking part in the 'Real Game'. The Real Game? A program encouraging students to begin reflecting on their future careers, also including; budgeting, leisure times and hobbies.

We all filed in to the assembly hall where we picked our fates out of a bucket and were stuck with that job (and salary) throughout the whole course of the session, some being more fortunate than others.

Then we were given a range of possible future lifestyle choices, and a dream cloud where we could stick on any of the possibilities we would like to consider. After sticking on bizarre and eccentric items which ranged from the modest cell-phone to the must-have quad-bike, we were then told to calculate our

budgets and to no ones' surprise, many of us had fallen into debt and were absolutely dumbfounded as to how it could have occurred having ONLY "owned" a mansion, holiday home, quad-bike AND sports-bike, all whilst living off their low salaries.

We were then told to think realistically and consult our figures and remove anything from our cloud that would damage our finances. Most of us were forced to alter our 'dream clouds' and some couldn't help the feeling of dread best summarised as "This is the place where dreams come to die" as we budgeted our money and ensured we didn't go over-board with hobbies such as canoeing each week and expensive trips to restaurants every other day.

Our eyes were also opened to the harsh reality of the limited

amount of time we would have to ourselves. Taking into consideration; work hours, sleeping hours, hobbies and cleaning, we were all shocked by the minimal amount of time we had left to just relax or visit family.

Two tea breaks later (with lunch in between), we were finally set free from the Hall and this disturbingly realistic experience.



Despite the tedious calculations, by the end of the day most of us agreed that whilst mentally exhausting, the Real Game was a fun experience and we would be happy to do something similar again. We had also come to realise after those many hours of calculating that no way in the future would we need Pythagoras' Theorem (only addition, subtraction, multiplication and division!)

Year 10 Latin at the British Museum

Kiki Tobin and Anna Dobson



Just before the end of term, the Year 10 Latin students took a trip to the British Museum. Earlier in class we had all been assigned groups and each group had chosen an artefact. Our task was to find our artefact in the Museum, along with others relating to it, and to answer a question that we had come up with. Despite the fact that some questions were so broad they could have been topics for several Dissertations, most of us managed to answer them to some extent.

Our group had chosen a mask used in Greek theatre, and our question was “How would props have been used in ancient theatre?” It seemed simple enough, but we discovered that there was more to it than we had originally imagined. Each artefact that we found had an obvious use

in the theatre, but what was interesting was finding out why it would be used and making links between the objects we found and the things we knew about ancient society.

We visited three galleries. Some were more useful than others- the Etruscan cooking pots didn't contribute a great deal to our group's understanding of ancient theatre, but they were nonetheless interesting to look at. We wandered round each gallery in half an hour time slots, coming together at the end of each slot to share our findings.

Despite the fact that it was a Classics trip, we did take a detour into the Ancient Egyptian section. Although we didn't see the mummies, (a section of the museum that has traumatised many a London child), we did see the Rosetta Stone- the key to

modern understanding of Ancient Egyptian Hieroglyphs.

It was fascinating to see different types of ancient societies, and how they functioned compared to our modern ones. In general, it seemed that women did not have a great time in the societies of old. Many of us left thankful that we had not been born in Ancient Greece, where we would most likely be married and having children by now, resigned to a life of weaving and sewing, and perhaps, if we were lucky, commanding a couple of slaves.

One thing that we will remember was the poignant inscription on the tombstone of a former slave, written by a Scottish slave trader, her husband. Whereas most of the writing was in Latin, this message was in Syrian, the language of her homeland. It read “To my dearest, alas”. Looking at artefacts such as these showed us that back-story and context are incredibly important to understanding a historical object, and in some cases, sensing the emotions behind it.

We had a great day at the British Museum and had a chance to actually see the things that we've studied in books. Thanks to Miss Marsden for organising the trip, and Mr Smith and Miss Webb for accompanying us.

British Champion!

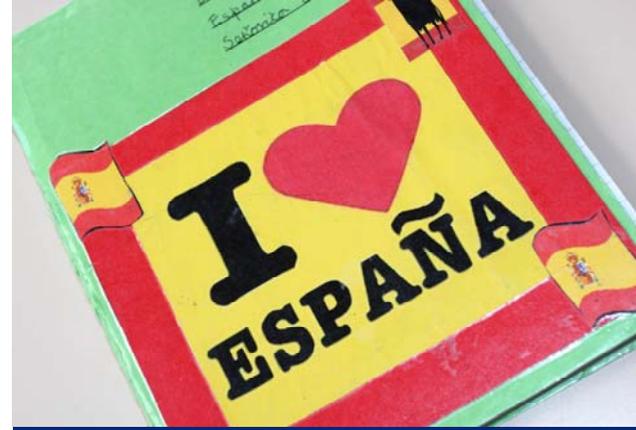
Nicola Evans



Many congratulations to Jemima Bradley (Year 9) on her win at the National (NDP) Double Mini Trampoline Finals in Telford at the end of June. Despite an ankle injury which has prevented her from full training for the past

2 months she performed brilliantly on the first day going into Sunday's final in the leading position. On day two of competition an early mistake seemed to put the chance of a medal in jeopardy but a brilliant final round saw Jemima take gold and the national title.

Jemima who is a member of the Acton based London Trampoline Academy now has her sights on the start of the inaugural British National Trampoline League in September.



Linguists of the Term

Our final Linguists of the Term for this year and winning certificates for their achievements, progress and enthusiasm are:

Chinese

Year 7 - Ella McNeill
Year 8 - Isha Lamba
Year 9 - Mathilde Roca
Year 10- Kimran Viridi

French

Year 7 - Ellen Vince
Year 8 - Philippa Jones
Year 9 - Ally Fowler
Year 10 - Anna Dobson

German

Year 8 - Sharuka Ravichandran
Year 9 - Lydia Buckroyd
Year 10 - Anais Najera Groeninckx

Spanish

Year 7 - Elizabeth Williams
Year 8 - Anya Popat
Year 9 - Michela Mascioli
Year 10 - Anna Dobson

Classics

Year 10 Latin: Erin Holder
Year 10 Greek: Anouschka Rajah
Year 9 Latin: Celia Riddiough and Juliet Thornton (joint winners)
Year 8: Leena Van Surell

Kathleen Webb

Critical Thinking Club

Sophie Genge

When the Year 8 Critical Thinking Club met for their final session of the year the topic was 'Creativity' and the girls had to dig deep for inspiration as they competed to create imaginative songs, poems and stories.

Inspired by the picture (right) Team Yummy Yodelling Yodellers (points were awarded for creative team names!) took just five minutes to come up with this chilling tale (opposite).

In other news from the Club, Sascha Ootam is the winner of the new Critical Thinking Prize, for demonstrating outstanding skills in Critical Thinking Club this year. Congratulations Sascha!



*"They warned me.
I should not be here. But I still
could not resist, something was
telling me I had to be here. I
know she must be here.
I have seen her in my
nightmares, but I never realised
she was real.
I felt her watching me; she was
there I know she was. The only
noise was the leaves crunching
under my feet. I felt the fog
rising up my nostrils- Suddenly a
hand grabbed me.
I turned,
I screamed."*



House Competition

It's well known that the results of the last House competitions of the summer term can alter the rankings and decide the winner. This year was no exception.

In the last few weeks of term Nightingale won the House Rounders and House Tennis, were beaten into second in the pool by Eliot in the Water Polo but were victorious in the tennis competition. As Sports Day dawned it was still anyone's competition and when the scores were in, Hepburn finished the day with 649 points, Eliot with 682 and Nightingale 690. This meant there was still everything to play for as we embarked on the final competition of the term: the House Music Festival.

The final House scores and positions were announced in the last assembly of the term. Eliot won the House Music and with it this year's overall competition.

Well done everyone who earned points for their House throughout the year and many thanks to outgoing House Captains, Sacha Parkinson, Saphia Youssef and Rhiannon Miller; and Vice Captains, Ella Hiscocks, Jas Wilks and Anna Hubbert for their incredible hard work and enthusiasm.

We look forward to more House events next year with our new House team of: Emma Swann (Captain) and Caroline Carney (Vice Captain) for Nightingale; Bella Hull (Captain) and Cath Farrow (Vice Captain) for Hepburn; and Diviya Davabalan-Thevarajah (Captain) and Frankie Eccles (Vice Captain) for Eliot.

Sarah Davies

A Level Psychology Charlotte Buckley

Kiki Hassen - Notting Hill & Ealing High School - Psychology Department

A study to investigate whether girls in year 12 at NHEHS have personality traits that are different in contrast to a comparison sample

ABSTRACT
In this research project I investigate whether personality traits in girls in year 12 at Notting Hill and Ealing High School are different in contrast to a comparison group provided by a replication of this study in a normal school by John & Nightingale, 1995. I attempt to explore if the girls who attend the school have personality traits shaped by the school that are in a different direction than the normal personality traits that attend this school. This is looking into the same variables defined in terms of personality. Additionally, I also attempt to explore whether exposure to internally the same in terms of these personality traits and only differ in the way they express themselves. This can also be looking into the individual's dependent hypothesis.

THEORETICAL BACKGROUND
OCEAN PERSONALITY THEORY
O - Openness - It is experience appreciation for art, culture, adventure, and unusual ideas, imagination and curiosity.
C - Conscientiousness - A tendency to plan behaviour, to be dutiful, and aim for achievement.
E - Extraversion - Energy, sociability, and the tendency to seek stimulation and the company of others.
A - Agreeableness - A tendency to be compassionate and cooperative rather than suspicious and antagonistic towards others.
N - Neuroticism - A tendency to easily experience unpleasant emotions such as anxiety, anger, or depression.

The Big Five Inventory (BFI) is a self-report inventory designed to measure the Big Five dimensions. It is a 44-item self-report questionnaire that is available in German, Italian, and Spanish. It is a 44-item self-report questionnaire that is available in German, Italian, and Spanish. It is a 44-item self-report questionnaire that is available in German, Italian, and Spanish.

The comparison scores are for an American sample by John & Nightingale, 1995. The scores were converted to FIVE (percentage of maximum possible scores) and reported by gender and age for each Big Five dimension. The age group used for comparison in this study is age 21 which is the average age of average scores given by Nightingale.

Research question: Whether there is a difference between girls at NHEHS in year 12 in scores on the Big Five Inventory and a comparison sample provided for an American sample age 21 as follows:

SAMPLE
- 20 participants. All female in year 12 at NHEHS. All Notting Hill and Ealing High School in Ealing, London, England.
- Chosen the opportunity sample in which each was approached and asked to fill in the personality questionnaire. This was carried out from 10th June to 10th June.
MATERIALS
- Big Five Inventory test obtained via internet with 44 items.
- Consent form.

PROCEDURE
- Sent out Big Five Inventory Personality Psychometric Test off the internet.
- Create consent form and give with psychometric test to participants.
- Via Oppository sample approach. Test sample asking them to individually complete the questionnaire if they please.
- Code the data by reading each question for each personality trait and coding out the average for each trait. Giving each participant a score out of 5 for each personality trait.
- Calculate the mean scores of all participants for each personality trait and compare them to the standard scores provided out of the internet for the age closest to the age of the sample.
- Finally, debrief participants by sending them their personality profile and official write up if they so wish.

RESULTS

Personality Trait (OCEAN)	Average score (N) for 20 participants	Average comparison sample score (N) = 20
Openness	3.50	3.32
Conscientiousness	3.25	3.45
Extraversion	3.25	3.25
Agreeableness	3.50	3.45
Neuroticism	3.50	3.52

DISCUSSION
One strength of this study is that the use of a validated questionnaire as a high internal validity as they have been tested on 1000s of participants. This avoids extraneous variables such as individual differences in the way the words are interpreted by individuals as it has been highly standardised. Additionally, high levels of reliability are shown as the study has been replicated many times by established personality psychologists such as Costa and McCrae in 1993.

One weakness of this study is that the comparison group provided for the averages for each trait are based on 21 year olds. This does not match age group of my sample being age 16-17 year olds. This reduces the validity of the comparison as the ages do not match and situational variables could also arise due to the differences in ages, especially as 16-17 year olds are still developing as people in their personality whereas 21 year olds have had longer to do the same thing.

An improvement to this study would be to increase the sample size to age 21 to be more representative of the real world population. This would be done by using a random sample to increase representativeness of the whole population. This would be done by using a random sample to increase representativeness of the whole population. This would be done by using a random sample to increase representativeness of the whole population.

From this study it is shown that an average score of girls in year 12 at NHEHS are extremely close to that of a 21 year old sample. From this we can conclude that there is no inherent difference in terms of personality between girls at Notting Hill and Ealing High School and the general population. The difference in their scores and the way they present themselves is expressed in their situational circumstances therefore such as specific social interactions and experiences that are different to those of the general population. This is a situational factor that is different to those of the general population.

REFERENCES
- Costa, P. T., & McCrae, R. R. (1993). *Openness to experience and extraversion: historical antecedents and theoretical issues*. *Journal of Personality and Social Psychology*, 65, 571-580.
- John, O. P., & Nightingale, J. S. (1995). *Big Five Inventory: A self-report questionnaire*. *Personality and Individual Differences*, 19, 1145-1158.
- Nightingale, J. S., & John, O. P. (1995). *The Big Five Inventory: A self-report questionnaire*. *Personality and Individual Differences*, 19, 1145-1158.

A Level psychology students are required to discuss, understand, design and evaluate research projects and to understand the scientific methodology that underlies them. To provide some hands-on experience, Year 12 students each selected a topic which interested them (from an area outside the syllabus) and undertook their own research project which they then summarised in a poster.

The standard of work was outstanding and the range of topics fascinating. They included an investigation into anxiety in sporting performance (Lauren Oliver), a look at the relationship between self-rating of confidence and risk taking (Lucy Moss) and research to find out how much we know about over-the-counter painkillers (Henna Hussain).

A prize for Best Presentation went to Kiki Hassen for her study investigating the personality traits of girls in Year 12 at NHEHS and whether they are different in contrast to a comparison sample. Kiki's conclusion: not really but situational factors, social interactions and experiences, seemingly make them more agreeable. Sacha Parkinson won the award for Best Poster for her project on the relationship between hand laterality and cognitive ability which debunked the myth that left-handers are more creative. Finally, the prize for Best Topic went to Saphia Youssef who investigated how patients with Post Traumatic Stress Disorder expressed their experience of the illness on-line with an interesting use of data gathered from on-line patient forums.

Year 7 and 8 Inter-form Sing Off

Sophie Genge



The vocal chords were warmed up (mah-mah-mah pah-pah-pah), the dance moves were rehearsed, face paint was applied and costumes were donned (hippies, beach goers, sports players and towel flickers..). You guessed it - it was time for the Year 7 and 8 Inter-form Sing Off 2014!!

7N started us off with a sweet rendition of Mamma Mia's *Last Summer* reminiscing over their first year at Notting Hill (not a dry eye in the house) thus

gaining them the Prize for Musicality.

They were swiftly followed by 7H with the cry 'What time is it? SUMMERTIME'- taking an opportunity to show off their cheerleading, and gymnastic moves performed with aplomb and easily winning the Best Summer Vibe award. 7E were hot on their heels with a mad medley of holiday and summer tunes demonstrating fantastic range and ability and winning them the Most Lively Performance prize.

Then to Year 8, with 8N kicking off with a favourite of 2014 *In Summer* from the film *Frozen*. They incorporated dramatic performances, dance moves and very loud 'singing' and therefore won the Most Ambitious Song Choice award. 8H proved their dancing skills are top notch with their performance of *Walking on Sunshine* gaining them the prize for the Best Choreography. Finally we were dazzled by 8E's rendition of *So Good* which brought us to the beach with well-choreographed towel moves which rightly won them the award for Best Team Effort.

So there you have it. Two very talented year groups, who show an aptitude for team work, creativity, inter-year support and volume!



Vintage Sports

At lunch time on Sports Day, Year 12 took over proceedings and energetically led vintage sports day challenges such as hoola-hoop races, sack races, bean bag races and the favourite – tug of war.

