



## Message from Mr Shoults



### Welcome to the Summer Term!

We've only been back a week from the Easter Holidays, but the School is firmly back into the swing of things. Girls in both Year 5 and 10 experienced Engineering workshops, teams have been competing in tennis and waterpolo, and Mr Pepper (Head of History) demystified Brexit for a morning assembly (a summons to Newsnight beckons).

Last weekend, girls in Years 7 to 10 were taking part in the Junior Model United Nations Conference at Reigate Grammar School. Many girls take on MUN conferences higher up the school, representing nations in debate and negotiation, so it was encouraging to see younger students testing themselves out, and by all accounts stealing the show with their poise and confidence.

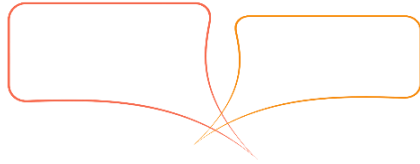
Indeed speaking out is something, which will resonate through this term, for all that the summer term is sometimes associated with public examinations. We are planning dedicated mornings for girls in Years 8 to 10 to embed confidence in public speaking; the ability to speak to audiences is a facility we want to ensure for everyone, despite it regularly being cited in national surveys as one of people's commonest fears. Regular practice is the key to overcoming such phobias, and something everyone can master.

A member of the outgoing Head Girls' Team recalled to me this week her memories of being silent with shyness on her arrival in the Junior School 13 years ago, and is proof of the transformation which is possible for all our girls. The departing Head Girl Team will soon hand over (nostalgically) to the new Year 12 team, and this means that election fever is upon us (with perhaps more inspiration than European elections). I am looking forward to hearing on Friday the hustings speeches of the many girls who have put themselves forward for election. If this paves the way for eventual leadership nationally, so much the better!

### Events coming up...



- MAY 5 – Erasmus Trip to Strasbourg
- MAY 7 – Oxbridge Information Evening
- MAY 10 – Year 13 Leavers' Tea
- MAY 10 – Sports Awards Evening (special guests!)
- MAY 13 – SATs & Assessment Week
- MAY 18 – Parents' Guild 'Monte Carlo Night' – tickets still available



### NHEHS in the News

“This house believes in the positive power of debate.” Being able to argue your own opinion and then respect the views of others is a skillset we desperately need, writes Mr Shoults in the Times Education Supplement. If you’ve yet to see it, click here to read Mr Shoults’ thoughts on why we take debating so seriously at NHEHS:

<https://www.tes.com/news/great-debaters-come-somewhere-why-not-your-school>

### More tasty news coming up this term!

Our “Sweet and Savoury” dream kitchen team (Philippa and Maggie who have been with NHEHS for 60 years between them) were “Highly Commended” in the School Dinner Hero Award category by City Kids magazine, in their newly launched “Food Awards”. Thank you to everyone who voted. We have also been shortlisted for “Best School Menu” and also “Best Vegetarian Menu”. The City Kids judging team (which includes chef Jo Pratt and nutritional health coach, Lizzie King), came to school last week to taste the Thursday menu created by our amazing and hard-working kitchen team. It was lovely to see positive vibes from the judging panel, so fingers are firmly crossed for that one.



### Did Year 5s beat Year 10s in k'nex Challenge?

Last Thursday morning, NHEHS Year 5s teamed up with 25 pupils from North Ealing Primary School and 32 from Selborne Primary School to take up a k'nex Challenge run by the Engineering Development Trust (EDT) as part of their programme to raise awareness about careers and study options in engineering. How did they get on? Find out here: [Knex Challenge](#)

**Find more School News on our website:**

<https://www.nhehs.gdst.net/news/latest-news/>

**NHEHS Sport** @nhehs\_sport · Apr 28  
🎉 Well Done 🎉 to our Head of Sixth Form Miss Bushell who ran the @LondonMarathon today ⌚ of 3 hrs 20 mins...not a PB we've been told- but I think you'll agree it's pretty impressive! Definitely an inspiration to #NHEHSCrosscountry 🏃! @nhehs @ealingeagles #catchherifyoucan



### Tweet of the Week!

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